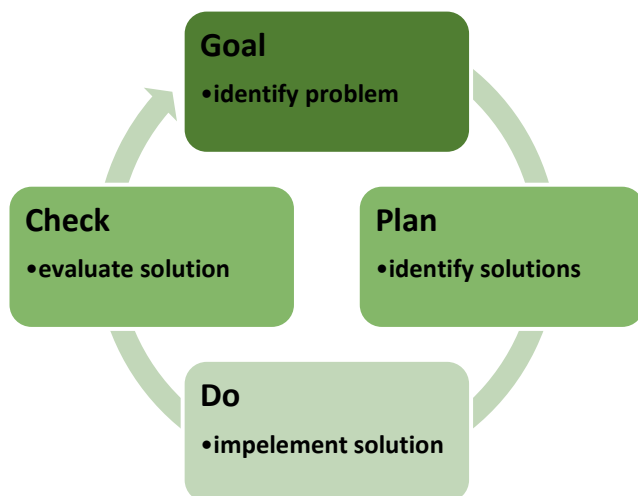


How to Support Your Child with Problem Solving Skills



Simple Steps for Problem Solving



Ways to Support Your Child's Use of Problem Solving

Teach your child the steps to problem-solving

- Make sure your child understands all of the steps of problem solving and the order they are in so they can anticipate the process.

Model problem solving when you encounter a problem in your life you need to solve

- You can talk with your child about how you used the different steps of problem solving.

Create opportunities for your child to practice problem solving

- You and your child can practice problem solving with "easier" problems; make sure to go through all of the steps together!

Reward your child's use of problem solving.

- Problem solving is a skill that requires patience and perserverance, make sure to celebrate with your child when they practice these skills!

BRAINSTORM THE PLAN

For successful problem solving, it can be helpful to ask yourself some questions that will help you brainstorm solutions. Here are a few questions to start the brainstorming process:

- Can I fix the problem on my own or do I need help from others?
- Do I need to do something about this problem now, or will it resolve on its own with time?
- Has this problem come up before, what did I do to fix that problem?
- If my friend had this problem, what advice would I give them to resolve it?

PROBLEM SOLVING BUILDS CHARACTOR

Problem solving helps your child:

- Be open to other people's point of views
- Be aware of their own values
- Build confidence
- Be empathetic of other people's needs
- Develop good communication skills

Action Plan

Goal: What do you want to do?

Plan: How do you want to complete your goal?

Plan: What is your back up plan if your original plan doesn't work?

Do: When do you want to try your plan?

Check: How did it go?

