



COVID-19 Teacher Survey Results

Discipline in Secondary Classrooms (DSC)
Outcomes Study Teachers

June 2020

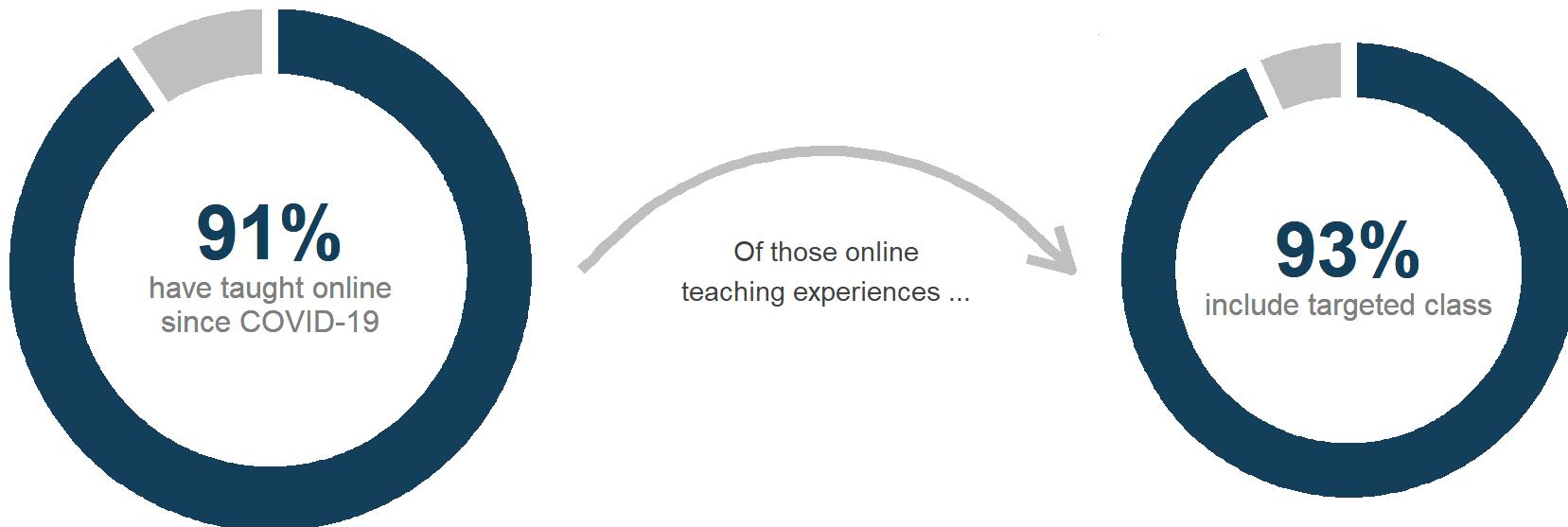
Missouri Prevention Science Institute and SRI International

Introduction

This report provides a summary from a recent survey of teachers (n = 32) in three school districts, regarding their experiences with online teaching and classroom management since the disruptions caused by COVID-19, as well as a summary of the state of teachers' overall mental health and well being during this unprecedented time.

Teachers who completed this survey are participating in the Discipline in Secondary Classrooms study. The purpose of this study is to conduct a randomized controlled trial (RCT) to assess the effectiveness of Discipline in the Secondary Classroom (DSC), a positive and proactive approach to secondary classroom discipline developed by Safe & Civil Schools.

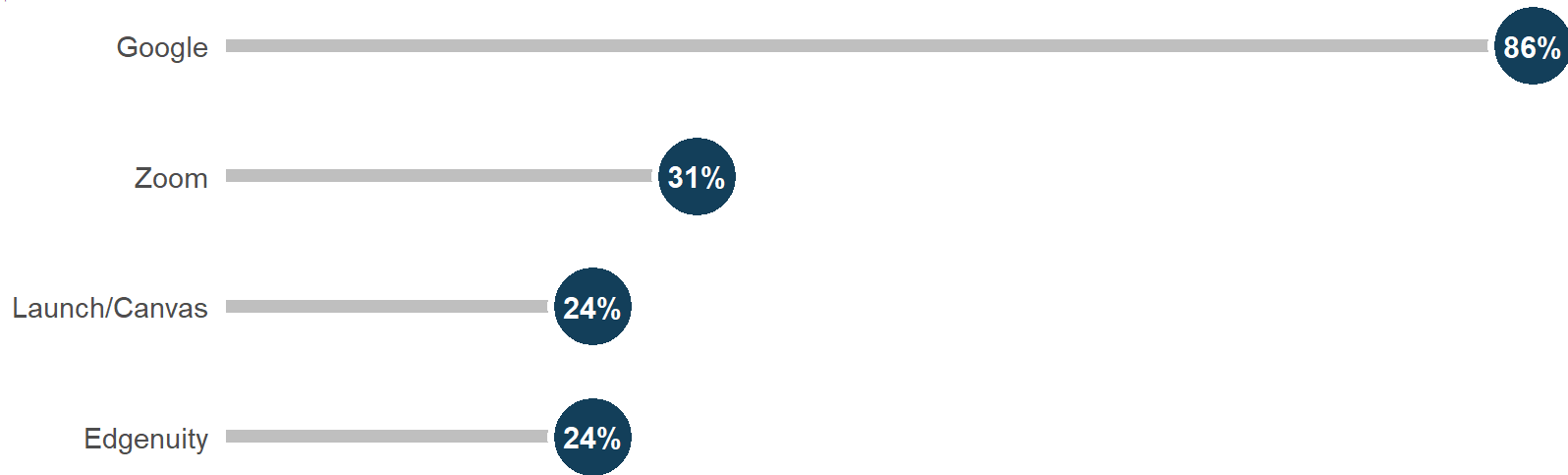
Of the teachers who responded to the survey:



For the Discipline in Secondary Classrooms study, each teacher chose one class period to participate in the study, referred to as the "targeted class"

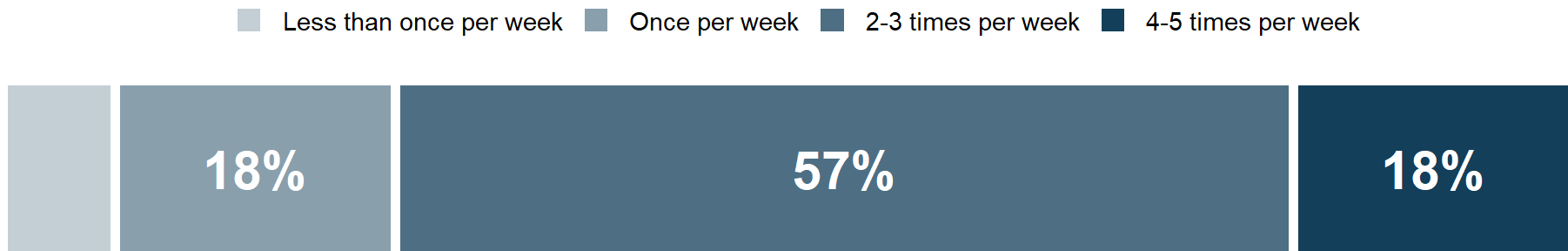
What Online Teaching Looks Like

Of the 29 teachers who have taught online since the COVID-19 disruption, teachers report using the following **online platforms**:



Only platforms with a response rate of 10% or higher are shown for legibility

Teachers also reported **how often they are teaching online**.

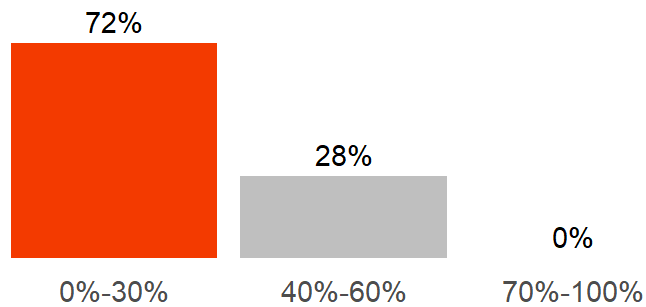


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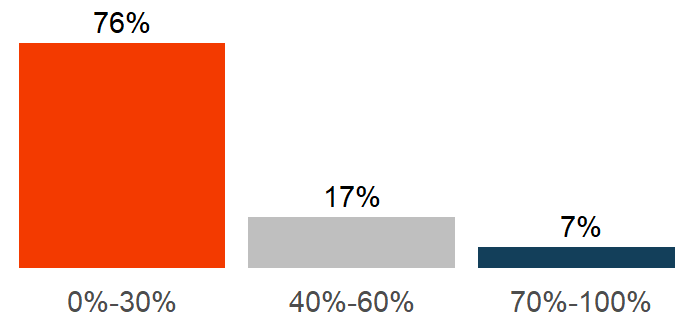
Experiences with Online Teaching

Of the 29 teachers who have taught online since the COVID-19 disruption, the following summaries represent their **experiences with online teaching**.

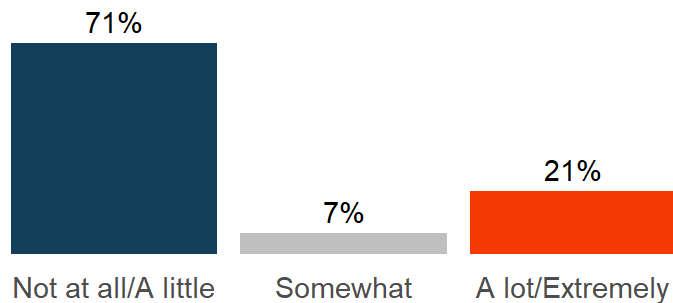
On average, what percentage of your students attend online class sections?



On average, what percentage of your students appear engaged or highly engaged in online learning?



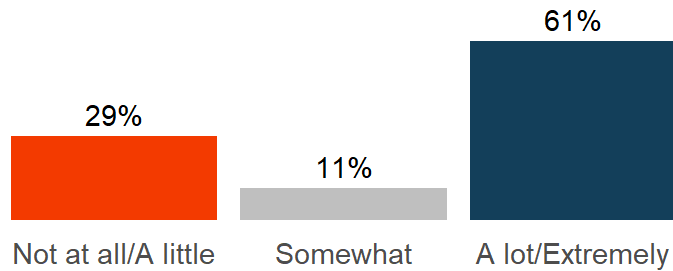
How hard is it to manage student behaviors in an online format?



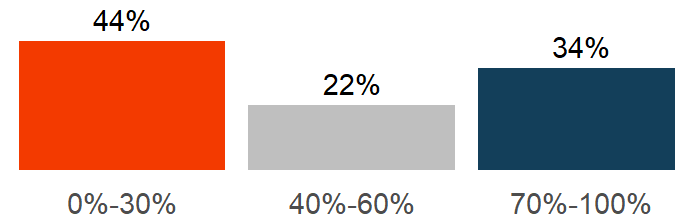
Online Learning Feedback

All teachers who responded to this survey (n = 32) **provided feedback regarding the impact of moving to online learning.**

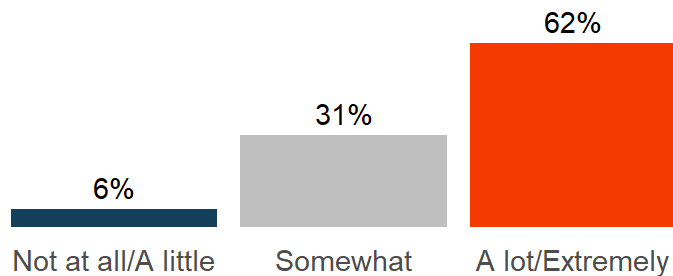
How confident are you in your ability to manage student behaviors in an online format?



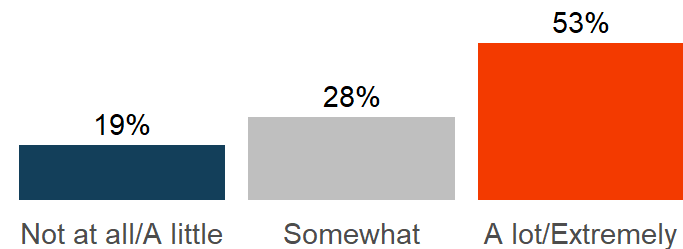
Of your students' caregivers, what percentage of them have you had contact?



How stressed do you think your students' families are with the move to online schooling/distance learning/e-learning?



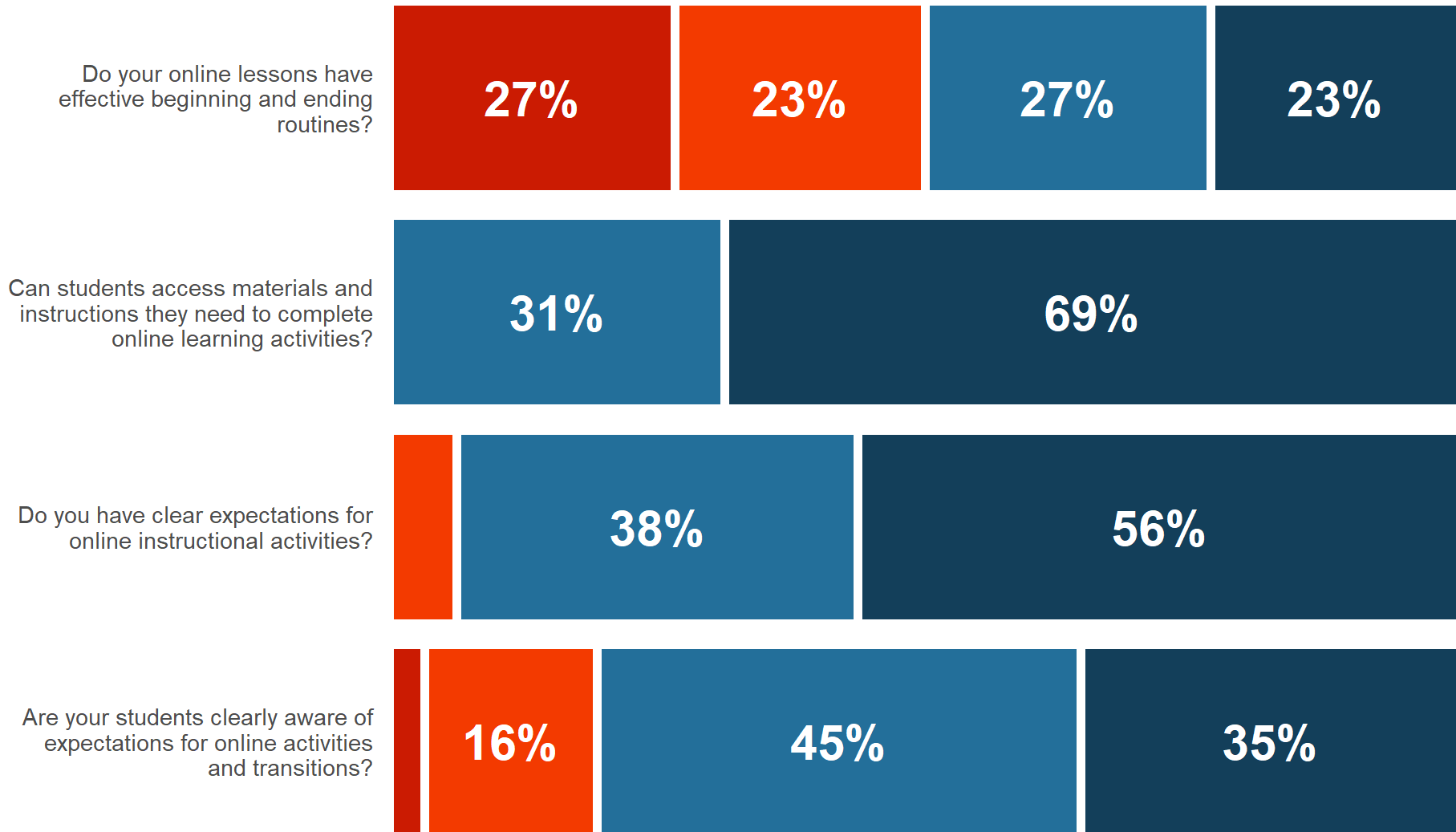
How stressed do you think your students are with the move to online schooling/distance learning/e-learning?



Classroom Management

All teachers who responded to this survey (n = 32) rated **to what degree the following aspects of classroom management are in place when they teach online:**

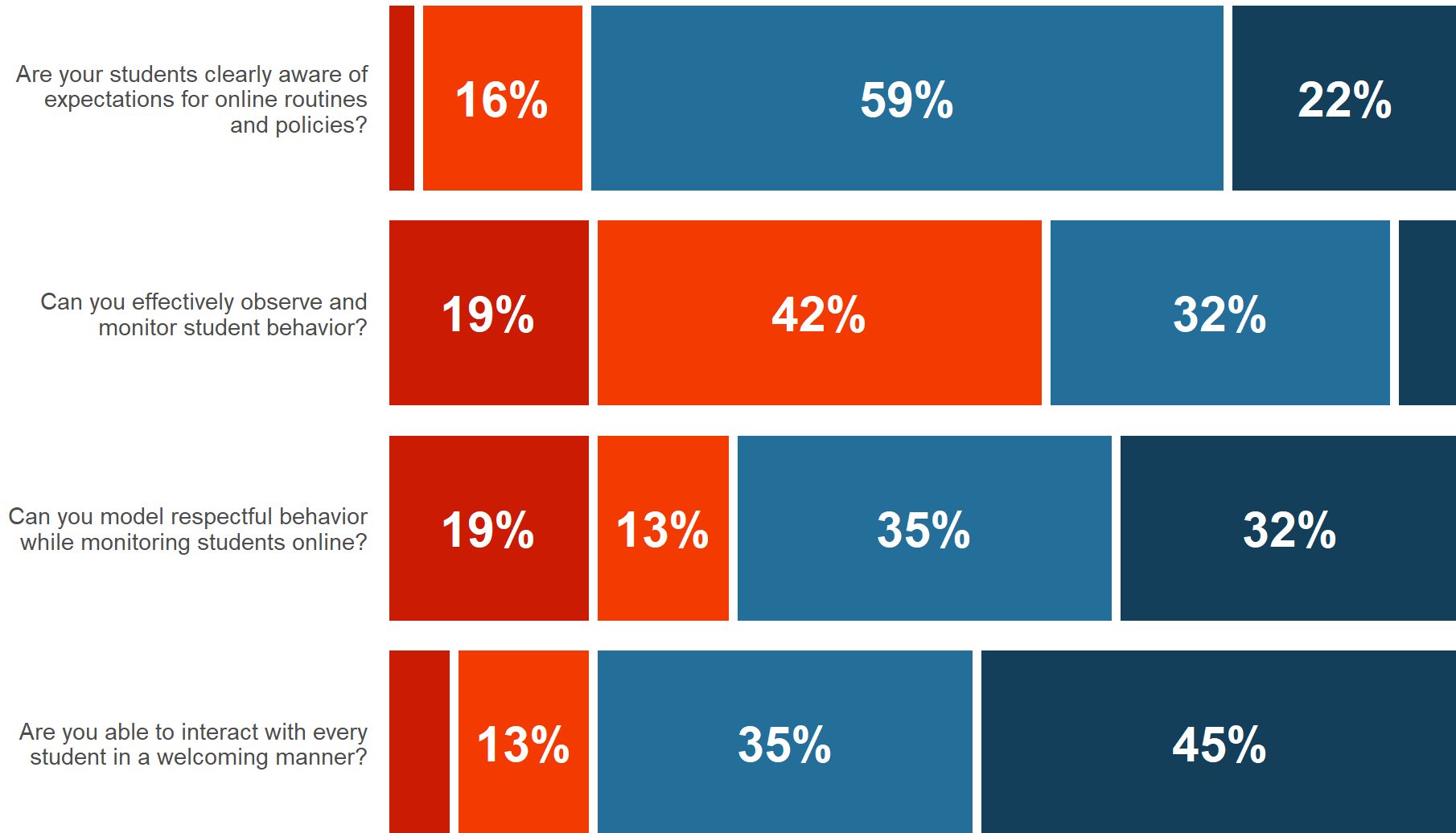
■ Not at all ■ Minimal/Getting Started ■ Some/Moving Along ■ Extensive/In Place



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Classroom Management (continued)

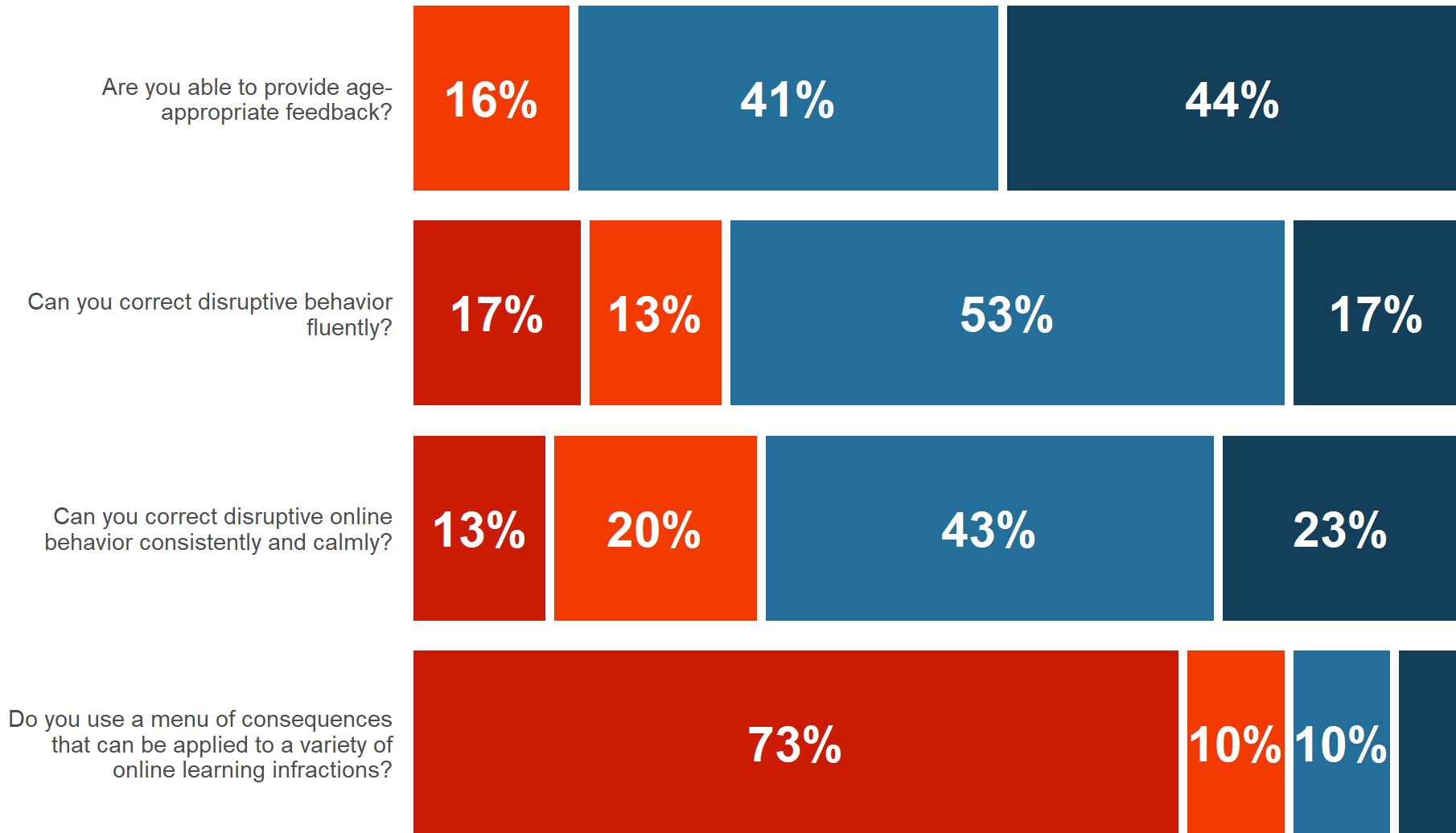
■ Not at all ■ Minimal/Getting Started ■ Some/Moving Along ■ Extensive/In Place



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Classroom Management (continued)

■ Not at all ■ Minimal/Getting Started ■ Some/Moving Along ■ Extensive/In Place



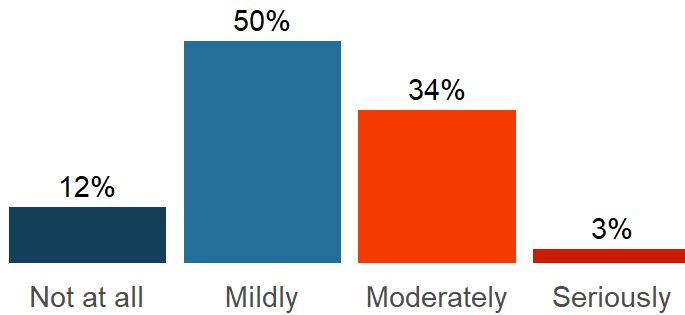
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Teacher Mental Health: Overall

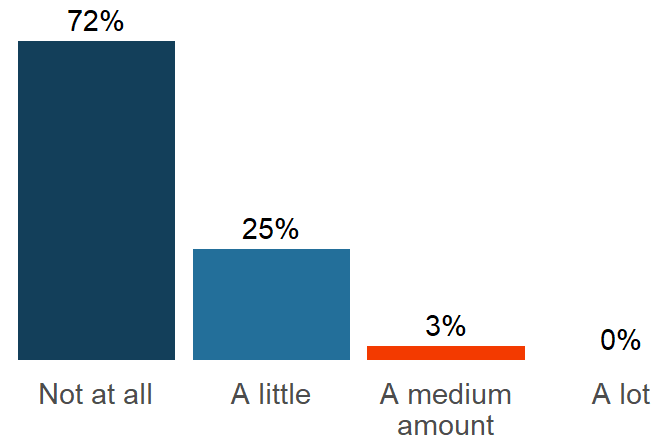
All teachers who responded to this survey (n = 32) responded to questions regarding their mental health.

How frequently have teachers experienced the following:

How much has the COVID-19 pandemic affected your mental health?



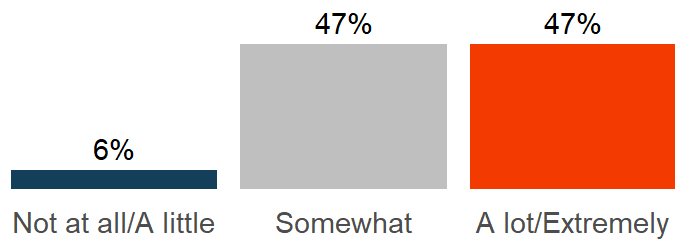
I've been using alcohol or other drugs to make myself feel better.



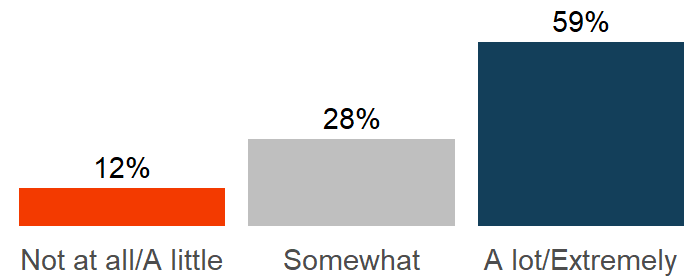
Teacher Mental Health: Stress and Coping

How frequently have teachers experienced the following:

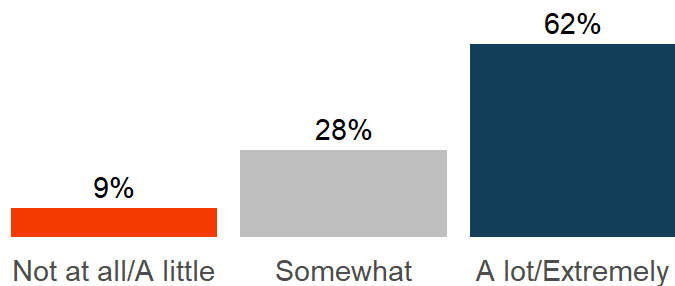
How worried are you about your students right now?



How well are you coping with professional challenges related to the COVID-19 pandemic?

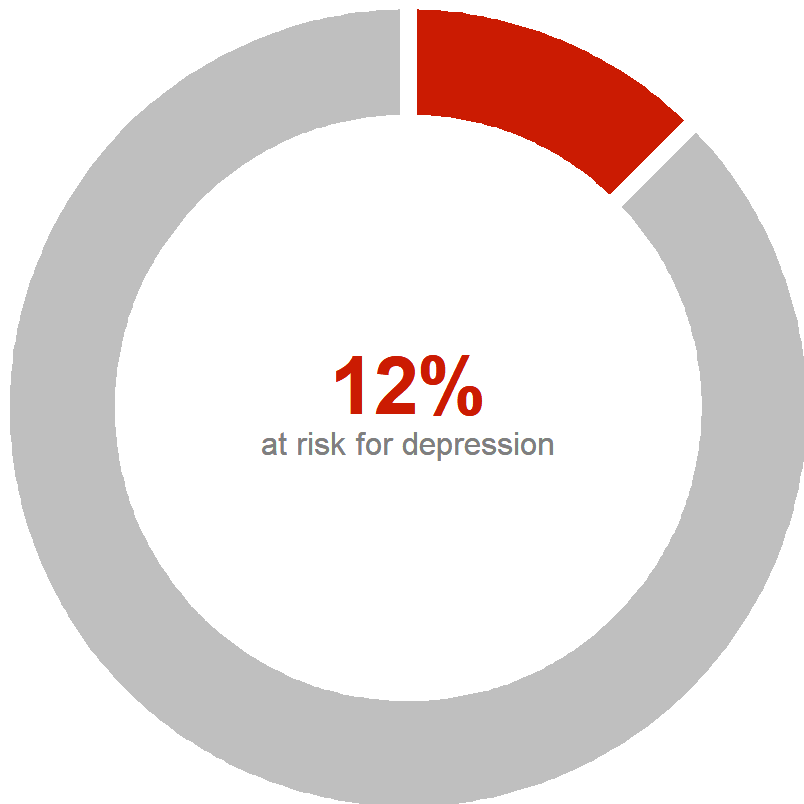


How well are you coping with personal challenges related to the COVID-19 pandemic?

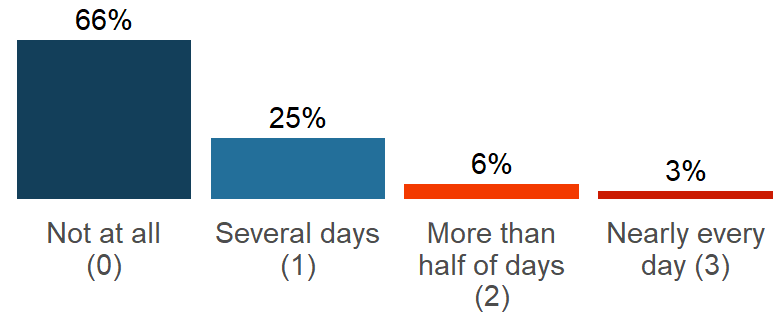


Teacher Mental Health: Depression

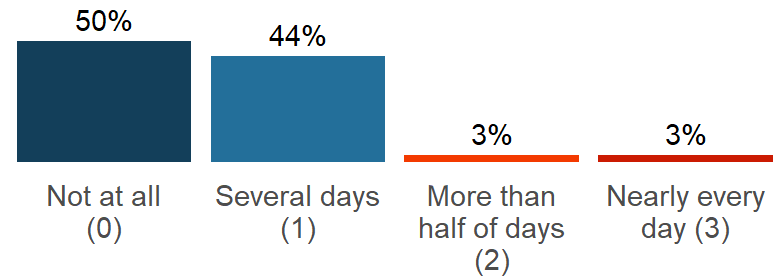
Over the last 2 weeks, **how often have teachers been bothered by any of the following:**



Little interest or pleasure in doing things?



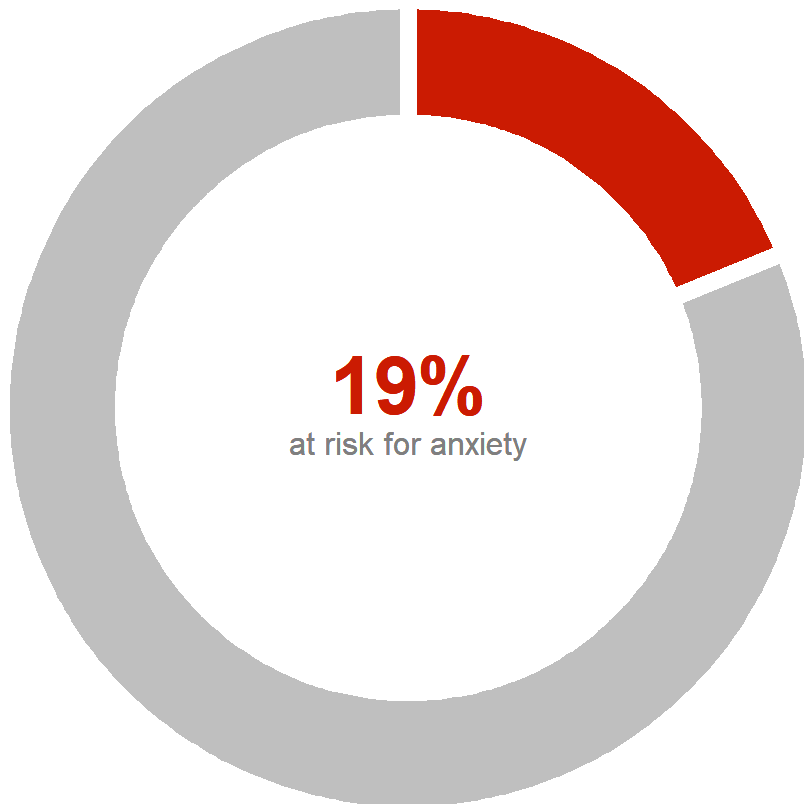
Feeling down, depressed, or hopeless?



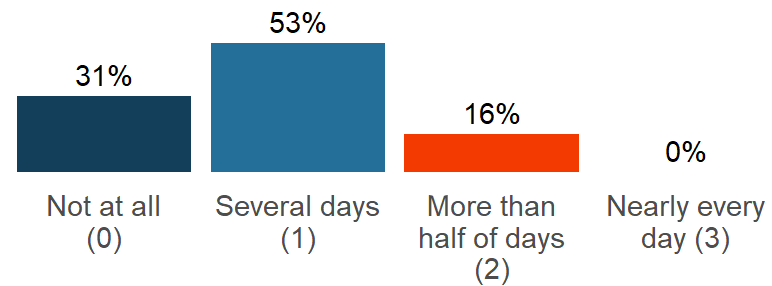
At risk status is determined by a score greater than 2 from the sum of the two questions to the right. Possible scores range from 0-6. See last page for more information and resources.

Teacher Mental Health: Anxiety

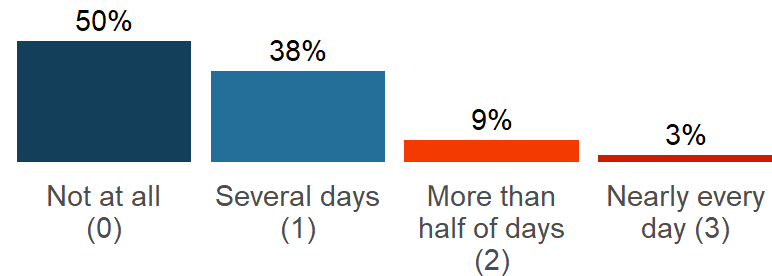
Over the last 2 weeks, how often have teachers been bothered by any of the following:



Feeling nervous, anxious, or on edge?



Not being able to stop or control worrying?



At risk status is determined by a score greater than 2 from the sum of the two questions to the right. Possible scores range from 0-6. See last page for more information and resources.

Addendum

On the depression measure (Patient Health Questionnaire-2), teachers who respond to these questions with a total score above 2 can be considered at risk for depression. On the anxiety measure (Generalized Anxiety Disorder-2), teachers who respond to these questions with a total score above 2 can be considered at risk for anxiety. If you are concerned about the emotional well-being of your teachers, consider sharing resources with of them such as contact information for Employee Assistance Programs (if your school has one) or local mental health providers. A general resource you can share is <http://moprevention.org/profess/resources/print-resources/>, which has an online teacher stress management program. Finally, if you have serious concerns about a teacher who may be having urgent mental health crisis, call the 24/7 Crisis Hotline 1-800-395-2132.

